

# SF Journal of Clinical Neurology and Brain

## Can Ophthalmologists Diagnose Chronic Fatigue Syndrome?

**Kouchakzadeh A and Gharibzadeh S\***

*Cognitive Rehabilitation Clinic, Institute for Cognitive and Brain Sciences, Shahid Beheshti University, Tehran, Iran*

Dear Editor,

Chronic Fatigue Syndrome (CFS) is the current name for a disorder characterized by debilitating fatigue and several associated physical, constitutional, and neuropsychological complaints. Fatigue, difficult concentration, and sleep problems are the main neuropsychological symptoms reported by CFS patients. Anxiety and depression are seen as psychological causing factors for CFS. A current study shows that the average prevalence of CFS is more than 1% [1].

A number of studies suggest the presence of abnormalities in vision among CFS patients. At least, a proportion of the patients have reduced reading performance [2], restricted spatial windows of visibility [3], and reduced convergence capacity [4]. In a study, eye pain, sensitivity to bright lights, disturbed visual attention, and loss of depth perception are mentioned as visual symptoms for CFS [5].

Based on above mentioned points, we suggest that ophthalmologists as practitioners, who visit patients with visual abnormalities, may be able to diagnose CFS. For this purpose, they should consider the presence of common symptoms of CFS, as well as the history of depression and anxiety episodes.

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#### \*Correspondence:

Shahriar Gharibzadeh, Cognitive Rehabilitation Clinic, Institute for Cognitive and Brain Sciences, Shahid Beheshti University, Tehran, Iran.

**E-mail:** s\_gharibzade@sbu.ac.ir

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